The dramatic rise of obesity in children and the associated physical, social and economic consequences in the U.S. impact children, their families and the community. NASN recognizes that school nurses are in key positions to impact this problem, to be the catalyst for better care. NASN has developed S.C.O.P.E. to address the assessment, treatment and prevention of childhood obesity and the assessment and management for children with type 2 diabetes. The role of the school nurse must be part of the solution to affect a change in the direction and behavior for schools and students.

GOAL
Provide strategies for school nurses to assist students, families and the school community to address the challenge of obesity and overweight.

CONTINUING EDUCATION
6 nursing contact hours The National Association of School Nurses is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. (Provider approved by the California Board of Registered Nursing, Provider Number #CEP 12292 for 6 contact hours)

COURSE MATERIALS:
Comprehensive course notes, BMI wheels for children and adolescents, Body Mass Index charts, introductory and BMI letters for parents in several languages, referral forms for primary care providers, blood pressure tables and numerous resources related to healthy lifestyles.

Following this course, school nurses will be able to:

• Identify the most current assessment techniques for determining overweight and obesity in children.
• Identify evidenced based prevention and treatment methods that work in school settings.
• Receive culturally sensitive tools and documents to communicate with parents and refer children to primary care providers.
• Receive tools to assist the school nurse in helping students, staff and parents in the school environment to promote healthy lifestyles.
• Demonstrate how to identify school and community resources and build community relationships to address this problem.
• Identify the cause, prevalence, assessment, treatment and prevention of type 2 diabetes in children.
• Identify the role of the school nurse in the assessment and management of children with type 2 diabetes.

NASN programs are written for registered nurses employed in the specialty of school nursing.

For more information about how to bring this educational offering to your area, contact NASN at 1-866-627-6767, email at nasn@nasn.org, or visit the web site at www.nasn.org.